

Kutenai Institute
of Integral Therapies presents:



The Breath of Life:

An Introduction to Biodynamic Craniosacral Therapy

with



Cherionna Menzam, PhD, OTR/L, BCST, RCST®

Biodynamic Craniosacral Therapy is a gentle, profound bodywork involving subtle fluctuations of fluid within the body. A mysterious force called the “Breath of Life” guides the work to enhance physical health, mental clarity, and emotional well-being.

This introductory seminar provides you with useful skills which can transform the way you work with clients and how you interact with anyone in your life. It is designed to give you an experience of the Biodynamic approach to Cransiosacral Therapy so you can see if the full 10-module Practitioner Training is for you.

You will practice techniques to:

- Settle into STILLNESS and facilitate deep rest
- Establish safe, non-invasive PRESENCE
- Cultivate HEALTH instead of focusing on problems or pathology
- Perceive the WHOLE, rather than just parts
- RELAX and release tension from the nervous system
- Track the SUBTLE RHYTHMIC MOTION of the cerebrospinal fluid
- Work with the body’s INNATE INTELLIGENCE

When: Thursday-Monday, April 29 - May 3 OR September 9 - 13; 9:00 am - 5:30 pm,
Where: Kutenai Institute of Integral Therapies, 1502 Stanley St., Nelson, BC V1L 1R3
Cost: \$650. Application with \$150 deposit required to reserve your spot.
Send to KIIT, 1502 Stanley St., Nelson, BC V1L 1R3.

Cherionna Menzam has practiced Craniosacral Therapy since 1991 and is certified to teach by the BCTA/NA.* As an authorized Continuum teacher, she teaches movement workshops and incorporates Continuum into her Biodynamic Craniosacral Therapy sessions and classes across North America. A therapist for over 30 years, she draws on her varied experience as Occupational, Massage, and Dance/Movement Therapist, plus Intuitive Counseling, BodyMind Psychotherapy and Prenatal and Birth Therapy. Cherionna holds graduate degrees in Pre- and Perinatal Psychology and Somatic Psychology and has taught in both fields. She has a part time private practice in Nelson and Santa Monica, CA.



**More details and application form available at www.kutenaiinstitute.com or www.cherionna.com
For more information please contact Myrna Martin at info@kutenaiinstitute.com**